

## Sewing: Pattern Drafting & Overlo RICA

This creative provision is being marketed as RICA (Rochester Institute of Creative Arts).

RICA is the name of the new creative offer from Medway Adult Education. This beginner-friendly pattern drafting overlocker course is designed for learners who have completed a Level 2C courses as well as those new to sewing. Learners be introduced to the overlocker, will draft a pattern, cut the fabric and use stretch jersey fabrics to create an item sewn exclusively with the overlocker.

Start Date: 10 October 2026  
Start Time: 10:00  
Lessons: 4  
Weeks: 2  
Hours: 10.00

No experience necessary. Your tutor will guide you step by step through the process of designing your top, cutting your pattern, and then making the top. Overlocker instruction will be given where required.

If you are interested in developing your creative skills, book onto one of our courses from the Creative Arts offer.

### Venue

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

### WHAT WILL I LEARN ON THIS COURSE?

Learners will:

1. Learn how to measure correctly and accurately
2. Use division to use and transfer those measurements correctly onto paper
3. Use addition to add the correct seam allowances where required

Whether you would like to learn new creative skills or to investigate the possibility of a new sewing -based career, MAE Community Learning courses can provide you with a stepping stone to progress

### IS THIS COURSE SUITABLE FOR ME?

Suitable for complete beginners or those who have rusty skills and need a refresher course

### IS THERE ANYTHING ELSE I NEED TO KNOW ABOUT THIS COURSE?

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

- A basic sewing kit including dressmaking scissors, un-picker, tape measure, notebook, small scissors or snips, some sewing threads etc.
- Pen, pencil and notebook
- You WILL need some scraps of fabric to practice techniques on, and it is always a good idea to have an old (CLEAN) sheet or duvet cover to use as practice fabric when we come to make a toile.

### WILL THERE BE ADDITIONAL COSTS?

You may need to buy fabric, please do not do so until you have spoken to your tutor in week 1.

### WHAT COULD I GO ON TO DO AFTER THIS COURSE?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

## WHAT IS THE ATTENDANCE POLICY

Multiple sessions-

To get the most out of the course:

- Try to attend at least 90% of sessions
- Let your tutor know if you will miss a class
- If you are ill or absent, contact: 01634 338400

## HEALTH & SAFETY

Health and Safety Disclaimer

By taking part in this course, you understand that sewing involves use of tools, materials and equipment and carries some risk.

You agree that:

- Sewing activities can involve some risk (tools, materials)
- Work at a level that suits your ability
- Wear suitable clothing and protect your work area
- Agree to the ground rules and follow safety guidance from your tutor
- Medway Adult Education is not responsible for personal injury or damage to personal property.
- By attending the course, you confirm that you have read and understood this information.